

# Anxiety Free Living

Luke 12:29-34

**Theme:** Christians are commanded to overcome worry, fear, anxiety & stress.

**FCF:** These are normal responses to our 'uncertain' world and the circumstances that arise because of living in this world!

Introduction:

This passage is all about where your heart is. If your hope is solely in the resources in this life and your material resources then it is reasonable to be anxious and afraid because our world is not a secure place.

How then is it possible to be free from worry? Jesus' promise demands a transfer of their heart to heavenly living as opposed to earthly dependence.

## 5. God is our F \_\_\_\_\_ . Vs. 29-32

*Worry fails to understand the paternity of God.*

### A. P \_\_\_\_\_ God

Jesus calls God "your" Father emphasizing possession. We possess much more than daily food & clothing. We have God Himself who is our Father.

### B. O \_\_\_\_\_ God

He 'knows'- your Father has omniscient knowledge of your needs long before you do. No legitimate need is overlooked or forgotten.

### C. His Kingdom must \_\_\_\_\_ our thinking. Vs 31

To those people who seek his kingdom He promises/obligates Himself to provide your daily necessities. He promises that because you are living obediently to Him.

## 6) God L \_\_\_\_\_ to \_\_\_\_\_ His K \_\_\_\_\_ ! Vs 32

*Worry fails to understand the pleasure of God.*

Transition: So, as a result of this statement, Jesus says . . . "sell your possessions, etc. . ."

Jesus is not saying this as a 'prerequisite' to obtaining His kingdom but 'subsequently'! Because God will give you earthly needs AND his kingdom be willing to 'sell your possessions and give to the needy'.

### Conclusion:

Your 'treasure' is \_\_\_\_\_ in what dominates your thinking. You 'seek' after what you treasure and because of that your 'heart' or inner man loves that most.